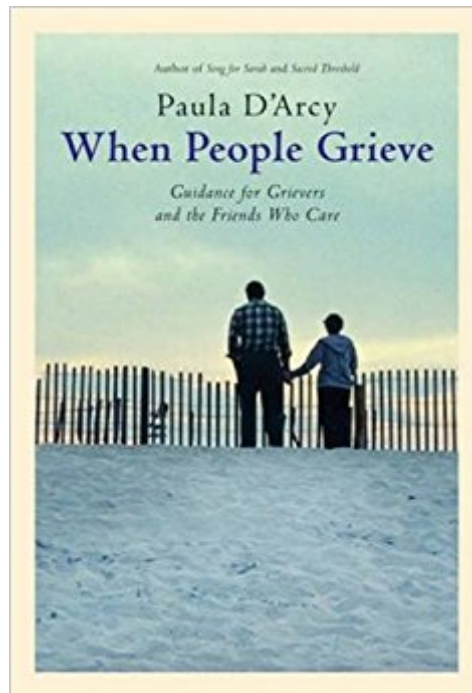




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# When People Grieve: The Power Of Love In The Midst Of Pain



## Synopsis

When People Grieve offers guidance for some of the hardest moments of our lives. Caring for those facing the death of a loved one can be a challenging labor of love. This helpful book offers guidance that every counselor or friend of the bereaved should have. An internationally renowned expert on grief counseling, D'Arcy draws on her own experience of the loss of her husband and daughter. She distills the wisdom that she gained through the process of grieving and shares insights that inspired her to heal and grow in the face of tremendously difficult life lessons. When People Grieve is full of practical suggestions with sections on specific ways to help, thoughtful visiting, and things not to say. Chapters on the patterns of grief illuminate the work of mourning and teach patience with the process. D'Arcy also explores the many ways in which grief can manifest such as anger, withdrawal, need to control, and guilt. This book is a compassionate road map for the bereaved and guides us with a deep understanding of what people need as they move through loss.

## Book Information

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## Customer Reviews

Paula D'Arcy, author of the bestsellers *Gift of the Red Bird* and *Sacred Threshold* is a former psychotherapist and President of the Red Bird Foundation. She is a frequent speaker in Europe, Asia and the United States and lives in Northern California, USA

As I've come to expect, Paula D'Arcy is exceedingly clear and very helpful. This is a great book to

read NOW to help prepare for the inevitable---understanding grief when it occurs. Paula does very well with combining the practical and the spiritual...two inseparable aspects of grieving. This book is good for understanding in advance what the grieving process looks like, understanding the stages, moods and behavior of one who is grieving, knowing what is and WHAT IS NOT helpful when walking through grief with another, and FOR THE ONE WHO IS GRIEVING, themselves, to understand what is a "normal" part of this delicate process. One of the things I like the most about Paula D'Arcy's sharing is the hope she communicates as she observes what wonderful things can come out of the processes of everyday life when we are willing to allow God's design to take shape in us. Although we rarely (willingly) choose painful experiences, some of the most beautiful growth and insights only come about through the most painful episodes in life. In Catholic terms, it is the Paschal mystery...death must precede resurrection, and resurrection brings about something more powerful and beautiful than what existed before the pain and death.

When People Grieve by Paula D'arcy is the best book I've read on this topic. The author relates her own experience of having lost both her husband and her 2 year old daughter in a car accident caused by a drunken driver. She survived this horrific event, was pregnant at the time and gave birth to another daughter. Relating her own eventual acceptance of her loss, she describes the twists and turns that helped her to be whole again. An excellent writing style is part of her approach which makes the book inspiring. Anna M. Seidler

I haven't done much reading in this book, but bought it on recommendation from a friend who went through the loss of a child. Since we will all have to deal with death at some point in our lives, I thought it was a good reference to have on hand.

Loved this book. Though the book is written in the context of helping others grieve, I as the griever found this so helpful and affirming to the things I was experiencing. It is well written and very well organized.

Wisdom from one who knows . . . D'Arcy's book has no fluff, no false consolation, no over-spiritualizing of hard reality. She offers advice that will help those grieving to understand the process, and to help those around them to be genuinely supportive. I buy this book over and over again so I always have a copy on hand when someone I know experiences a difficult loss.

Paula D'Arcy has incredible insight into grief and helping people deal with it whether they are experiencing grief themselves or supporting a loved one in the grieving process.

I purchased this short book after losing a good friend in her battle against cancer. The author gracefully discussed what to expect from the grieving process, both from a griever's perspective and the perspective of a friend who wants to help. After reading the many useful and practical tips, I feel I'm much better-equipped to deal with the death of loved ones, and I'm much more confident about how to interact with those who recently lost someone very close to them. I highly recommend this book, because it's well-written, very helpful, and short enough to be a quick and easy read.

Paula D'Arcy captures just the right language to express the many emotions of the grieving process plus she has excellent insight into how you should treat a grieving friend. It was one of the best grief books I have ever read.

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